



Ismaili Health
Professionals Association
Aga Khan Health Board for the United States of America

IHPA Conference 2025

Longevity & Lifestyle Medicine



Join leading physicians, researchers, and innovators at the forefront of the Medicine 3.0 revolution—where cutting-edge science converges with proactive, personalized, and preventive healthcare. Explore the latest breakthroughs in longevity, healthspan optimization, and lifestyle medicine, and discover how technology, diagnostics, and precision medicine are shaping the future of aging.



Santa Clara Valley
Jamatkhana Auditorium
691 S. Milpitas Blvd
Milpitas, CA 95035



Sunday, May 18 2025
9:00 AM - 3:00 PM

IHPA Mixer 2025

Schedule

At 9:00 AM - 9:45 AM

Registration & Breakfast

At 9:45 - 10:00 AM

Opening Remarks | Dr. Hafiz Miraly

At 10:00 AM - 10:45 AM

Lifestyle Medicine 101: From Prevention to Transformation, The 6 Pillars of Lifestyle Medicine | Sarita Valji | Q&A

At 10:45 AM - 11:00 AM

Wellness Activity

At 11:00 AM - 11:45 AM

Decoding Longevity: Cutting edge diagnostics for a longer, healthier life | Mahmood Panjwani | Q&A

At 11:45 AM - 12:00 PM

Networking Activity

At 12:00 PM - 1:00 PM

Lunch

At 1:00 PM - 1:45 PM

The Future of Longevity Medicine: Breakthroughs, Innovations, AI, and What's Next | Dr. Nathan Price | Q&A

At 1:45 PM - 2:00 PM

Closing Remarks | Dr. Hamida Khanmohammed

At 2:00 PM - 3:00 PM

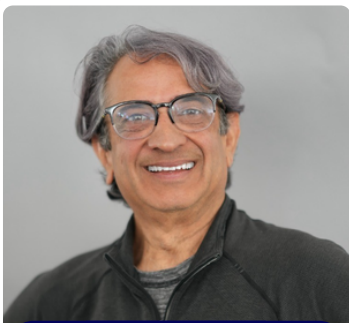
Networking

Presenters



Sarita Valji

Sarita Valji, NBC-HWC, ACLM Dip, is a Nationally Board-Certified Health and Wellness Coach and a Diplomate of the American College of Lifestyle Medicine. She works at Vera Whole Health in Seattle, WA, guiding individuals toward sustainable, evidence-based lifestyle changes. Through personalized coaching and a holistic approach, Sarita empowers patients to achieve long-term well-being.



Mahmood Panjwani

Mahmood Panjwani is the Founder and CEO of Vitaliti, a longevity-focused startup, and Chairman of Infinisim, an electronic design automation company. He is a founding board member of the American Pakistan Foundation, a founding charter member of OPEN Silicon Valley, and a charter member of TiE. He holds BS and MS degrees in Electrical Engineering and Computer Science from the University of Illinois, Chicago.



Dr. Nathan Price

Nathan Price, PhD, is a Professor and Co-Director of the Center for Human Healthspan at the Buck Institute for Research on Aging. He serves as the Chief Scientific Officer at Thorne, where he leads advancements in personalized health and longevity. As the co-author of *The Age of Scientific Wellness*, Nathan explores cutting-edge approaches to optimizing health through data-driven, science-backed strategies.

Location



SANTA CLARA VALLEY JAMATKHANA AUDITORIUM

691 S. Milpitas Blvd
Milpitas, CA 95035

[Open Map](#)

Hotel



HILTON GARDEN INN

30 Ranch Drive
Milpitas, CA 95035
Room Rate: \$109/night
[Book Now](#)

Saturday Night Social

Date: Saturday, May 17, 2025

Kick off the IHPA Conference with an evening of networking, conversation, and connection at our Saturday Night Social Event! This gathering provides an opportunity to meet fellow attendees in a relaxed setting before the conference begins. More details, including venue and timing, will be shared soon.



Interested in mentoring the next generation of Health Professionals?

The Ismaili Pre-Health Mentorship Program (IPMP) is looking for health professionals from various specialties who are willing to mentor pre-health students. Each mentor will be paired with a mentee and will provide the mentee with guidance regarding the application process.

If interested, please email ipmp@ihpaonline.org.

Registration

Registration Fees

Standard: \$50

Early Bird Rate: \$40 (available until April 20th)

Student Rate: \$25

Register Here: [Link](#)

Payment Method: Zelle or Venmo Hafiz Miraly at 408-823-0423

Hafiz Miraly

@Hafiz-Miraly



venmo

Hafiz Miraly

Enrolled as Hafiz



zelle

Elevate your practice
Empower your patients
Transform healthcare

